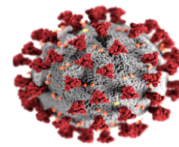




**REPUBLIC OF SOMALILAND
COVID-19 NATIONAL SECRETARIAT
AND COORDINATION CENTER**



Summad: S&CO-Go'aan-Guddi-01/03/2021

Taariikh: 22/03/2021

Go'aamada Guddida ka Hortagga iyo Maaraynta Xanuunka COVID-19

Hordhac:

Khatarta xanuunka COVID-19 uu ku hayo ummadda Jam. Somaliland waa mid maalinba maalinta ka dambaysa sii kordhaysa. Guud ahaanba gobollada dalka, min bari ilaa galbeed, xawaaraha uu xanuunka COVID-19 ku fidayo, tirada dadka uu soo ridayo iyo dadka inagaga dhimanayaba si weyn ayay u kordheen, sida ay muujinayso shaxda hoose:

Shaxda inta la baadhay, laga helay ama u dhimatay Safmarka COVID-19:

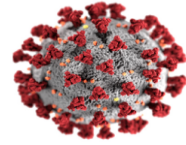
Jeenawari – 2021									
Gobolka	Awdal	M-Jeex	Saaxil	Togdheer	Sool	Sanaag	Wadar	XaddigaLagaHelay	Xaddiga u Dhimatay
La Baadhay	271	3833	11	163	42	19	4339	1%	3%
LagaHelay	1	52	0	5	0	1	59		
U Dhimatay	0	2	0	0	0	0	2		

Febawari – 2021									
Gobolka	Awdal	M-Jeex	Saaxil	Togdheer	Sool	Sanaag	Wadar	Xaddiga Laga Helay	Xaddiga u Dhimatay
La Baadhay	251	4338	145	208	74	43	5059	5%	6%
LagaHelay	1	175	23	5	26	2	232		
U Dhimatay	0	10	1	0	2	0	13		

Illaa 19-ka Maaris – 2021									
Gobolka	Awdal	M-Jeex	Saaxil	Togdheer	Sool	Sanaag	Wadar	Xaddiga Laga Helay	Xaddiga u Dhimatay
La Baadhay	268	3074	472	385	112	23	4334	15%	5%
Laga Helay	39	344	125	101	36	14	659		
U Dhimatay	2	21	1	7	3	1	35		



REPUBLIC OF SOMALILAND COVID-19 NATIONAL SECRETARIAT AND COORDINATION CENTER



Wadarta Saddexda Bilood ee Sanadkan 2021:

Jeenawari illaa 19-ka Maaris, 2021	
Wadarta la Baadhay	13, 732
Wadarta laga Helay	950
Wadarta u dhimatay	50
Xaddiga laga Helay	7%
Xaddiga u Dhimatay	5%

Is barbardhig: Lixdii Bilood ee u danbeeyey:

Octoobar illaa Diisambar, 2020		Jeenawari illaa 19-ka Maaris, 2021	
Wadarta la Baadhay	11, 707	Wadarta la Baadhay	13, 732
Wadarta laga Helay	357	Wadarta laga Helay	950
Wadarta u dhimatay	16	Wadarta u dhimatay	50
Xaddiga laga Helay	3%	Xaddiga laga Helay	7%
Xaddiga u Dhimatay	4%	Xaddiga u Dhimatay	5%

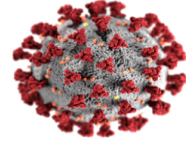
Haddaba, xaalada xanuunka COVID-19 ee uu dalkeenu haatan marayo, hadii aynaan si degdeg ah wax uga qaban, waxa iman karta marxalad ay taladu faraheena ka baxdo taasoo halis gelin karta qof kasta oo bulshadeena ka mid ah. Waxa iman karta xaalad ay gebi ahaanba is taagaan dhammaanba dhaqdhaqaaqa dhaqaale iyo isku socodka bulshadu. Waxa iman karta marxalad ay lagama maarmaan noqoto in ay Xukuumadu qaado tallaabo kasta oo lagu bedbaadinayo nolasha bulshada Jam. Somaliland.

Haddaba, Guddida heer Qaran ee Ka Hortagga iyo Maaraynta xanuunka COVID-19:

- Iyagoo ka duulaya khatarta uu bulshada Jam Somaliland ku hayo nooca cusub ee xanuunka COVID-19, khatartaasi oo maalinba maalinta ka dambaysa sii kordhaysa;
- Iyagoo si qoto dheer ugu kuur galay halista ka dhalatay laba-kaclaynta wajiga cusub ee xanuunka COVID-19 iyo waxyeeladiisa dhimasho iyo bukaanba leh ee uu xanuunku ku keenay caafimaadka bulshada, welina uu inagu keeni karo;
- Iyagoo mudnaanta kowaad siinaya bedbaadada, bed-qabka iyo fayodhawrka caafimaadka bulshada Somaliland;
- Iyagoo ahmiyada kowaad siinaya si kasta oo looga hortagi karo loona yarayn karo faafitaanka xanuunka COVID-19 ee bulshada dhexdeeda;
- Iyagoo ogsoon in ay weli jirto khatarta uu xanuunka COVID-19 bulshada dhexdeeda ku faafi karo, ummadana si weyn ugu adkaynaya in uu qof walba muujiyo taxadir iyo masuuliyad dheeraad ah oo lagaga hortagayo faafitaanka wejiga cusub ee COVID-19;



REPUBLIC OF SOMALILAND COVID-19 NATIONAL SECRETARIAT AND COORDINATION CENTER



- Iyagoo taxadir weyn iyo ahmiyad gaar ah siiyey si kasta oo loo yarayn karo culays iyo cidhiidhi ku yimaada hab-sami-u-socodka nolosha bulshada ee maalinlaha ah;
- Iyagoo si dhab ah u dareensan maskaxdana ku haya saamaynta ay nolosha bulshada iyo dhaqaalaha ku yeelan karto *haddii mar kale la soo rogo xayiraado dhamaystiran* (xag dhaqaale iyo xag dhaq-dhaqaaqba) oo lagu xakamaynayo fiditaanka wejiga cusub ee xanuunka COVID-19;
- Guddida Qaranka ee COVID-19 iyagoo ka duulaya dhammaanba qodobada kor ku xusan iyo weliba duruufaha gaarka ah ee uu la yimid wajiga cusub ee xanuunka Coronavirus;

Sidaa darteed, maanta oo ay taariikhdu tahay **22/03/2021**, Guddida heer Qaran ee Ka Hortagga iyo Maaraynta xanuunka COVID-19 waxay soo saareen **GO'AAMO MUHIIM AHoo lagaga hortagayo faafitaanka wajiga cusub ee xanuunka COVID-19**, isla markaana **lagu sugayo bed-qabka iyo fayodhawrka bulshada Somaliland**. Go'aamadaasi fulintooda iyo u hogaansankoodu waa ku waajib bulshada Somaliland iyo cid kasta oo ay khusaysaba.

NUXURKA GO'AAMADA GUDDIDA QARANKA EE COVID-19:

1) XIDHASHADA AF-SAABKA (FACEMASK):

Si looga hortago faafitaanka xanuunka COVID-19 ee bulshada dhexdeeda, **xidhashada Af-saabku (Facemask) cid walba waa ku waajib**. Meel kasta iyo goob kasta oo ay bulshadu ku kulanto.

Dhammaan Xafiisyada Dawladda, Goobaha Ganacsiga (heer kasta), Suuqyada Ganacsiga ee laga adeegto (heer kasta), Sariibadaha, Goobaha lagu iibiyo Caanaha, Hoteelada iyo Makhaayadaha, Iskuullada Dawlada iyo kuwa gaarka ah, Jaamacadaha, Masaajidada, Malcaamadaha, Gaadiidka Dadweynaha (Basaska Gobollada iyo kuwa magaaladaba), Tagaasida (Dhaweeye), Xafiisyada Shirkadaha Ganacsiga, Baananka iyo Adeegyada Lacagta, Dhammaan Goobaha Qurxinta Haweenka (Kofeerada, Meelaha lagu xinaysto), iwm **XIDHASHADA AF-SAABKU WAA KU WAAJIB.**

Cid kasta oo u hogaansami wayda Xidhashada Af-saabka (Facemask) goobaha ay bulshadu ku kulanto, waxa loo aqoonsayanaa in uu yahay qof dhiirrigelinaya faafitaanka cudurka.

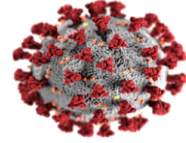
2) KALA FOGAANSHAHA BULSHADA:

Si looga hortago, isla markaana loo yareeyo faafida wajiga cusub ee xanuunka COVID-19 bulshada dhexdeeda, dhammaan bulshada Jam. Somaliland waxa lagu war-gelinayaa in dhawro kala fogaanshaha (social distancing), ugu yaraan 2 mitir (2), goobaha ay bulshadu ku kulanto aanay tahay waajib qof walba saaran in la fuliyo oo loo hogaansamo.

Dhammaan Xafiisyada Dawladda, Goobaha Ganacsiga (heer kasta), Suuqyada Ganacsiga ee laga adeegto (heer kasta), Sariibadaha, Goobaha lagu iibiyo Caanaha, Hoteelada iyo



REPUBLIC OF SOMALILAND COVID-19 NATIONAL SECRETARIAT AND COORDINATION CENTER



Makhaayadaha, Iskuullada Dawlada iyo kuwa gaarka ah, Jaamacadaha, Masaajidada, Malcaamadaha, Gaadiidka Dadweynaha (Basaska Gobollada iyo kuwa magaaladaba), Tagaasida (Dhaweeye), Xafiisyada Shirkadaha Ganacsiga, Baananka iyo Adeegyada Lacagta, Dhammaan Goobaha Qurxinta Haweenka (Kofeerada, Meelaha lagu xinaysto), iwm **KALA FOGAANSHUHU WAA KU WAAJIB.**

Cid kasta oo u hoggaansami wayda KALA GOGAANSHAHA goobaha ay bulshadu ku kulanto, waxa loo aqoonsayanaa in uu yahay qof dhiirrigelinaya faafitaanka cudurka.

3) FARAXALKA IYO JEERMIS DILAHA (HAND SANITIZER):

Si looga hortago faafitaanka xanuunka COVID-19 ee bulshada dhexdeeda, **FARAXALKA IYO JEERMIS DILAHU (Hand sanitizer) WAA WAAJIB.** Meel kasta, meherad kasta iyo goob kasta oo ay bulshadu ku kulanto.

Dhammaan Xafiisyada Dawladda, Goobaha Ganacsiga (heer kasta), Suuqyada Ganacsiga ee laga adeegto (heer kasta), Sariibadaha, Goobaha lagu iibiyo Caanaha, Hoteelada iyo Makhaayadaha, Iskuullada Dawlada iyo kuwa gaarka ah, Jaamacadaha, Masaajidada, Malcaamadaha, Gaadiidka Dadweynaha (Basaska Gobollada iyo kuwa magaaladaba), Tagaasida (Dhaweeye), Xafiisyada Shirkadaha Ganacsiga, Baananka iyo Adeegyada Lacagta, Dhammaan Goobaha Qurxinta Haweenka (Kofeerada, Meelaha lagu xinaysto), iwm **FARAXALKA IYO JEERMIS DILAHU (Hand sanitizer) WAA WAAJIB.**

Cid kasta oo u hoggaansami wayda Faraxalka iyo Jeermis Diluhu (Hand sanitizer) goobaha ay bulshadu ku kulanto, waxa loo aqoonsayanaa in uu yahay qof dhiirrigelinaya faafitaanka cudurka.

4) SHURUUDAHA ISU IMAATINADA BULSHADA:

Bulshada Somaliland waxa ka reebban in ay iskugu yimaadaan kulamada bulshada sida: shirarka, xafladaha, casuumadaha, ciyaaraha, ololaha murashaxiinta, shirarka beelaha, marfarshayada qaadka, iwm haddii aan la buuxin shuruudaha hoos ku xusan:

1. Xidhashadha Af-saabka,
2. Kala fogaanshaha ugu yaraan 2-mitir,
3. Faraxalka,
4. Furitaanka daaqadaha,

Cid kasta oo u hoggaansami wayda go'aanka Shuruudaha Isu Imaatinka Bulshada waxay mudan doontaa ganaax lacageed iyo weliba ciqaab xabsi ah. Fulinta iyo dabagalka arrimahana waxa leh Wasaaradda Arrimaha Gudaha iyo Guddoomiyeyaasha Gobollada.

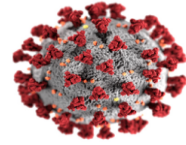
5) MASAAJIDADA:

Dhammaan Imaamyada iyo Mu'adiniinta Masaajidada waxa lagu amrayaa:

- a) In ay xidhaan Af-saab, dadka masaajidka ku tukanayana ku amraan ay inay xidhaan Af-saab;
- b) In qof kasta oo ku tukanaya Masaajidka uu soo qaato sijaayadiisa;



REPUBLIC OF SOMALILAND COVID-19 NATIONAL SECRETARIAT AND COORDINATION CENTER



- c) In ugu yaraan 1.5m (hal mitir iyo badh) la kala fogaado safafka salaadaha;
- d) In ay xilliga salaadaha faralka ah ku soo koobaan 25 daqiiqo oo aanay ka badin karin;
- e) In **laga bilaabo 24/03/2021** ay xidhaan dhammaanba musqulaha iyo meelaha lagu waysaysto ilaa amar dambe ama xaalada xanuunku ay is bedelayso;
- f) In ay furaan daaqadaha iyo albaabada Masaajidada;
- g) In ay bulshadu ku soo waysaystaan guryahooda iyo meheradahoodaga;
- h) In dadka waaweyn iyo dadka la nool xanuuno u gaar ay ku tukadaan guryahooda;
- i) In qofkii leh calaamado u eg kuwa hargabka, aanu iman samaajidada ee uu ku tukado gurigiisa;
- j) In imaamayda masaajidadaay ducada qunuuda salaadaha innooga duceeyaan dhibaataada xanuunka.

*Masaajidada u hoggaansami waaya go'aamada la xidhiidha **Masaajidada**, waxay mudan doonaan ganaax lacageed iyo weliba ciqaab xabsi ah.*

6) GAROOMADA KUBBADA, GOBAHA JIMICSIGA IYO MEELAHA AY CARUURTU KU CIYAARAAN:

Si looga hortago faafitaanka wajiga cusub ee xanuunka COVID-19 bulshada dhexdeeda, **laga bilaabo 24/03/2021** waxa gebi ahaanba la joojiyey dhammaanba ciyaaraha ay bulshadu isugu timaado, sida: kubadda cagta, kubadda kolayga, jimicsiga jimka (Gym), goobaha lagu ciyaaro computer gaymka, goobaha ay caruurto ku ciyaaraan, iwm.

*Cid kasta oo u hoggaansami wayda go'aanka la xidhiidha **arrimaha ciyaaraha iyo jimicsiga** waxay mudan doontaa ganaax lacageed iyo weliba ciqaab xabsi ah. Fulinta iyo dabagalka arrimahanna Wasaaradda Arrimaha Gudaha iyo Guddoomiyeyaasha Gobollada.*

Ugu dambayntii, go'aamadan ay soo saareen **Guddida Qaranka ee ka Hortagga COVID-19** ee la xidhiidha ka hortagga iyo xakamaynta faafitaanka wejiga cusub ee xanuunka COVID-19 waa **AWAAMIIR XUKUUMI AH** oo leh **AWOODO SHARCI** iyo **KUWO FULINEED** oo loo cuskan doono fulintaiyo meel-marinta go'aamada Guddida.

Hirgelinta, hubinta iyo kormeerka go'aamada ay soo saareen Guddida heer Qaran ee COVID-19 waxa u xil saaran Wasaaradda Arrimaha Gudaha iyo Guddoomiyeyaasha Gobollada.

ALLAA MAHAD LEH,

Guddida heer Qaran ee Ka Hortagga iyo Maaraynta Xanuunka COVID-19.